

SuperiorAntioxidant™

Purpose & Rationale

This product supplies important natural compounds, often limited in human diets, that are not only necessary constituents of vital tissues, but also have been shown to possess antioxidant and anti-inflammatory properties in specific areas that support everyday health and healthy aging. Intense, prolonged exercise, normal biological processes, including aging, can increase free-radical production and inflammation and associated body damage. The goals of these combined ingredients are to: 1) supply structural components limited by diet or age; 2) contain *excess* free radicals caused by normal biological processes, stress, aging, exercise and the environment, which is thought to be a major contributor to the aging process; and 3) help reduce harmful inflammation

Typical Use

- Adults seeking enhanced daily recovery and performance and subsequent healthier aging by adding vital nutrition that is part of structural and functional components that naturally decrease with age and/or diet. Daily addition of these critical bio-actives support energy production along with eye, cardiovascular, skin, immune and brain health by also helping manage normal free radical damage and common inflammation, the cycle that becomes overwhelmed from stress, environmental and physical insults that also lead to accelerated aging.
- Exercisers to assist in complete recovery between exercise bouts by helping manage increased free radical production and resulting tissue damage associated with intense and lengthy training sessions, thus helping facilitate a longer-term cumulative recovery effect to help prolong performance gains throughout the lifespan.
- Take 2 capsules per day after main meal with fluid.
- Can be combined with a dotFIT multivitamin for maximum potential and associated benefits.

Unique Features

- Inexpensive and convenient: a combination of antioxidant ingredients often purchased separately to achieve effective doses and forms found in this product. Most competitive products (by label claim or name) are significantly under-formulated and do not have this full range of non-vitamin/mineral antioxidants or energy compounds.
- Contains AstaReal® astaxanthin, the most studied brand of astaxanthin in the world for applications such as skin health, anti-aging, muscle endurance and recovery, and eye health*
- Accurately complements the dotFIT multivitamin formulas.
- This formula considers use of other dotFIT products to help maintain a safe and optimal range of total nutrient intake.
- NSF Certified for Sport, verifying purity, potency and absence of contaminants.
- Vegetarian friendly.

Contraindications

This product is contraindicated in pregnancy and lactation due to a lack of clinical trials performed with this population (other than lutein and zeaxanthin) and for anyone suffering adverse reactions to any of the ingredients. In all cases, consult with a physician.

Supplement Facts

Serving Size: 2 Vegetarian Capsules
Servings per Container: 60

	Amount Per Serving	% DV
Alpha Lipoic Acid	200 mg	*
Co-Enzyme Q10 (CoQ-10)	100 mg	*
Lycopene	10 mg	*
Lutein	6 mg	*
Astaxanthin (as AstaReal®)	4 mg	*
Zeaxanthin	3 mg	*
Meso Zeaxanthin	1 mg	*

* Daily Value (DV) not established