

# Shake It Up, Baby!

Lose Weight with Our Smooth and Creamy Shakes

Now you can get lean without going hungry. Our delicious LeanMR Balanced Nutrition Shakes help you feel fuller longer and give you the energy you need to power through a workout or a long afternoon at the office.



Available in two tasty flavors that mix easily for a smooth, satisfying shake.

- Helps you feel fuller longer
- 20 grams high quality protein
- 4500 BCAAs for recovery after exercise
- Low glycemic carbohydrate blend
- Only 180 calories per serving
- No sugar, no aspartame
- Flavors are Lean Vanilla and Lean Chocolate

weight loss dotFIT™



No blender?  
No worries.  
The dotFIT  
Blender Bottle  
is all you need to  
shake on the go.



Try It **TODAY!**

Go to [www.dotFIT.com/leanmr](http://www.dotFIT.com/leanmr).

SKU 1629