

FirstString

High Performance Collegiate Formula



WHAT IS IT?

- A high performance whey protein and carbohydrate powder mix designed for athletes and exercisers to support high activity levels and muscle gain

WHO IS IT FOR?

- Individuals of all ages focused on supporting athletic performance or building muscle, size and strength. Compliant with NCAA guidelines for collegiate athletes



WHAT ARE THE BENEFITS?

- Activates muscle strength, growth and recovery
- Maximizes energy
- Increased protein absorption
- Convenient and rapid digesting source of calories, carbohydrates, whey protein and healthy fats

WHAT MAKES THIS PRODUCT UNIQUE?

- **NSF Certified for Sport – independently tested for purity and potency**
- Meets NCAA guidelines
- Four stage protein complex – 21 grams and 290 calories per serving
- Contains a 2 to 1 ratio of fast acting carbohydrates to protein
- Each serving provides 200 mg of calcium and 200 mg of potassium

