

dotFIT WorkoutExtreme



Supplement Facts

Serving Size: 2 Capsules

Servings per Container: 75

	Amount Per Serving	% DV
Taurine	1200 mg	*
Glucuronolactone	240 mg	*
Caffeine Anhydrous	140 mg	*

*% Daily Value not established.

Who is this for?

- Adult exercisers looking for a powerful, pre-workout formula to boost alertness, energy levels and metabolism, and delay fatigue.

What makes this product unique?

- dotFIT's WorkoutExtreme contains:
 - Caffeine anhydrous, which stimulates the central nervous system, increases focus and mental alertness, boosts metabolism, decreases perceived effort level and delays exhaustion.
 - Glucuronolactone and taurine work synergistically with caffeine to support energy and performance.

How should I take this?

- As a dietary supplement, take 1 serving (2) capsules, 30 minutes before a workout with 8 oz. of water or your favorite beverage.
- Consume only if caffeine is well tolerated.
- Do not consume within five (5) hours of bedtime.
- Do not combine with other stimulants.

