

dotFIT NO7RAGE³



Supplement Facts

Serving Size: 1 Scoop (14.5g)
Servings Per Container: 40

	Amount Per 1 Scoop	%DV*	Amount Per 2 Scoops	%DV*
L-Citrulline Malate (2:1)	3000 mg	**	6000 mg	**
Creatine Monohydrate	2500 mg	**	5000 mg	**
Beta Alanine	2000 mg	**	4000 mg	**
Hydromax® (Glycerol Powder 65%)	2000 mg	**	4000 mg	**
Taurine	1600 mg	**	3200 mg	**
Nitrosigine® (as Inositol Stabilized Arginine Silicate)	1000 mg	**	2000 mg	**
Glucuronolactone	400 mg	**	800 mg	**
Caffeine Anhydrous	150 mg	**	300 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Who is this for?

- Adult exercisers looking for the ideal pre-workout booster to take their training and performance to the next level. The ingredients maximize muscle “pump” and volumization, help remove lactic acid, and improve performance.

What makes this product unique?

- It contains L-Citrulline (which converts to L-Arginine, without the massive amounts needed if it was just L-Arginine) to enhance nitric oxide production for the muscle pump.
- Creatine monohydrate and beta-alanine are included to boost strength, power and reduce fatigue.
- Every serving includes caffeine, glucuronolactone, and taurine to increase mental focus, reaction time and physical endurance.

How should I take this?

- Mix the appropriate amount listed below with at least 8 oz. of water. Consume 30 to 40 minutes before workout.
 - Users under 150 lbs. - 1.5 scoops
 - 150-200 lbs. - 2 scoops
 - More than 200 lbs - 2.5 scoops