performance dotFIT

†These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



performance dotFIT

Enhance athletic performance and strength gains or improve recovery from intense workouts.

Recover&Build™

Recovery aid from intense exercise. Contains the branched chain amino acids (BCAAs) which have been shown to trigger muscle protein synthesis and may offset the effects that aging and calorie restriction have on muscle protein breakdown.[†]

