



Use these step-by-step instructions to access your dotFIT Certification Course.

The screenshot shows the dotFIT homepage. At the top right, there are links for "Login", "Sign Up", and "View Cart". A callout box with a blue border and a white background points to the "Login" link. The text inside the callout box reads: "Go to www.dotFIT.com and click Login in the upper right corner." The main content area features a large banner with the text "WELCOME TO YOUR PERSONALIZED ONLINE FITNESS AND NUTRITION CENTER." and a woman using a laptop. Below the banner, there are several sections: "CONNECT WITH YOUR COACH. SET YOUR GOALS. FOLLOW YOUR PROGRAM. GET GUARANTEED RESULTS." with a list of features, a "FREE SUPPLEMENT SCREENER" section, and a testimonial from Shawnee Burger.

The screenshot shows the dotFIT login page. The header includes the dotFIT logo and navigation links. A callout box with a blue border and a white background points to the "LOG IN" button. The text inside the callout box reads: "Enter your dotFIT username and password." The login form includes fields for "Username:" (with the example "newconsumer") and "Password:" (with a "Forgot your password?" link), a "Remember me" checkbox, and a green "LOG IN" button with a right-pointing arrow.



After Login, you will land on your "My Account" page where the link to your course will always reside. Click "Certification" and you'll be directed to the course.

To begin the course, click "Introduction" on the left panel. This is your primary navigation area for the course chapters.



The screenshot displays the dotFIT eLearning interface. At the top left is the dotFIT logo with the tagline "Your Fitness. Connected." Below it, the text "dotFit eLearnin" is visible. The main content area shows a "COURSE CHAPTER" list on the left, including "Introduction", "Using This Course", "1. Weight Control" (selected), "2. Nutrition", "3. Dietary Support", "4. Integrated Training", "5. 5 Steps To Better Selling", "6. Coaching Your Clients", "7. Mastering the Application", and "Final Exam". The "1. Weight Control" section is expanded, showing sub-topics: "Weight Control and Modern Society (12)", "The Science of Weight Control (31)", "Modern Times Require Modern Solutions (14)", and "Final Quiz".

On the right side of the interface, there is a user profile for "Tyler Wallace", an "HFPNPro Consumer", with a "Certification Start" date of "3/4/2010 - 10:31 AM". Below this, a progress bar shows "0%" and "66%". A red banner indicates the date and time: "Thursday, March 04, 2010 - 10:32 AM".

The main video player area shows a video titled "The Science of Weight Control (31)". A callout box points to the video with the text: "Course has both video & text content; download video to desktop, iPhone, 3G Phone, download course attachments and more... Our certification is approved for 1.6 CEUs by NASM!". Below the video, there are download options for "Desktop", "iPhone", and "3G phone". A "Read More" link is also present. A "Double click on video for FullScreen view" instruction is shown above the video. The video duration is "00:31".

At the bottom of the video player, there are "Previous Slide" and "Next Slide" navigation buttons. A callout box points to the "2. Nutrition" section in the chapter list with the text: "Each section quiz must be completed before the next chapter will unlock."

Be sure to read the “Using This Course” section carefully, it will help you to maximize your experience.

You can adjust the audio settings of any video by clicking on the “Audio” link at the bottom of any video screen. You can also activate the Closed Captioning feature by clicking the “CC” link if audio is not an option on your computer (English is the only language available at this time).

Note: If, after you login, you do not see the “Certification” button please contact your club administrator.

Browser Requirements:

Firefox 3+
IE 7+

Plug-ins:

Flash 9 and up

****High Speed Internet Access is highly recommended****